



## **School Aged Immunisation Team**

T: 0300 1245515

E: [sirona.sch-imms@nhs.net](mailto:sirona.sch-imms@nhs.net)

[www.sirona-cic.org.uk](http://www.sirona-cic.org.uk)

Dear Year 8 student

### **Human Papillomavirus (HPV) vaccine for everyone in Year 8**

We are offering you a free HPV vaccine in school this year.

#### **What is Human Papillomavirus?**

The Human Papillomavirus (HPV) is a virus that increases the risk of getting some cancers later in life such as cervical cancer, some mouth and throat cancers and some cancers of the anus and genital areas.

The virus is very common and lives on the skin in the genital area.

#### **Why get the vaccine?**

The HPV vaccine helps protect you against 9 strains of the HPV virus, reducing the risk of you getting HPV related cancers and genital warts in the future.

#### **How is the vaccine given?**

The vaccine is given by injection in the upper arm.

#### **Are there any side effects?**

As with most other vaccinations, the side effects of the HPV vaccination are mild; however, soreness, swelling and redness in the arm are common but wear off in a couple of days. More serious side effects are very rare.

#### **Important notes:**

- It is important to talk about the vaccine with your parents/ carer.
- Your parents/ carer have been sent a consent form for you to receive the vaccine, please encourage them to return the form whether they do or don't want you to have the vaccine.
- If your parents/ carer do not complete the consent form before the session we may not be able to vaccinate you at the school session

## What do you need to do?

- On the day of the session wear a short-sleeved shirt if possible, or a T-shirt under your shirt
- Have something to eat on vaccination day.
- Drink plenty of water

## What does a vaccination session look like?

<https://www.youtube.com/watch?v=nkCDWHeixuQ>

## Want to learn more?

<https://www.gov.uk/government/publications/hpv-vaccine-vaccination-guide-leaflet>


<http://www.nhs.uk/conditions/vaccinations>

<https://hpvinform.com>

## Questions?

Contact the School Immunisation Team: 0300 124 5515 or email [sirona.sch-imms@nhs.net](mailto:sirona.sch-imms@nhs.net)

Yours sincerely



Karen Evans  
Associate Director of Children's Services

Service provided by

Sirona  
care & health