

NEA Part 3 – Performance Analysis Assessment (Analysis & Evaluation of Performance)

Part 1 Analyse yourself or another (15 marks)



Peer/Self-Assessment task – ‘Being a critical friend’

Component of Fitness strength

Present	Explanation	Comments/Feedback for improvement
	Named appropriate component of fitness strength with correct definition	
	Explanation of why it’s important for their sport/position/performance – do they talk about the impact of the COF on performance?	
	Two named sporting examples are given - details of how the identified strength benefits (positively impacts) their performance.	

Component of Fitness weakness

Present	Explanation	Comments/Feedback for improvement
	Named appropriate component of fitness weakness with correct definition	
	Explanation of why it’s important for their sport/position/performance – do they talk about the impact of the COF on performance?	
	Two named sporting examples are given - details of how the identified weakness negatively impacts their performance.	

Key questions:

- Do you believe what they are saying?
- Are the COF named suitable and appropriate?
- Have they fully justified the importance and impact of the strengths/weaknesses?
- Are they demonstrating a real depth of knowledge and understanding?

High Expectations

Dream BIG. Work Hard. Achieve More.



During the lesson

7. Student books demonstrate **Pride & Progress**. [High quality: presentation, written work, SPAG and response to feedback]

DIRT TIME: SPAG CORRECTIONS

SPAG code	Correction	Examples
C	1. Correct use of capital letter.	
p	2. Correct punctuation.	
sp.	3. Write out correct spelling three times.	
//	4. New paragraph is required.	
gr.	5. Correct use of grammar.	

Skill/Tactic strength

Present	Explanation	Comments/Feedback for improvement
	Named skill (from the specification), with detailed description of the correct technique.	
	Explanation of why it is a strength and so important for their sport/position/performance – do they talk about the impact of the skill on performance?	
	Two named sporting examples are given - explanation of how the identified skill benefits (positively impacts) their performance.	

Skill/Tactic weakness

Present	Explanation	Comments/Feedback for improvement
	Named skill (from the specification), with detailed description of the correct technique.	
	Explanation of why it is a strength and so important for their sport/position/performance – do they talk about the impact of the skill on performance? Do they say why it is a weakness... what don't they do? What impact does it have?	
	Two named sporting examples are given - explanation of how the identified skill weakness negatively impacts performance.	

Key questions:

Is this work credible?

Have they used esoteric/specialist language/terminology?

Are they going to be able to improve this skill weakness (and be able to talk about it?)

Is the work detailed enough?

S.P.A.G?

P.E.E.L?

Plan, Do, Review... What next?

