HWA Newsletter





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Welcome



What an amazing term it has been! It's one of the longest terms of the academic year against the backdrop of wet, windy and cold weather, however spirits in the Academy have not dampened with lots of wonderful student achievements! We've had some great events during term 2 with a focus on Men's mental health, Anti-bullying week, whole academy Remembrance event, Year 11 Parents evening, Parent/Carer forum focused on Anti-bullying, the Winter Showcase and rounding out the term with a range of reward events.

Your support, feedback and challenge continues to help the Academy improve - THANK YOU!

I hope you and your family have a wonderful Christmas break when it comes around and we look forward to welcoming students back to the Academy on Weds 3rd January.

Dream BIG // Work Hard // Be Kind





Children in Need — GOO!!!





Design and Technology









In Mrs Rhodes Textiles class year 8 have been designing and making tote bags inspired by a country of their choice. The students have been busy making a variety of products.

Year 9 are making hats that could be sold in the Longleat gift shop.

















In Mrs Kimsey's **Graphics class students** have been making card lanterns inspired by the theme of celebrations.

P.E. Rugby



Girls Rugby

Girls Project Rugby took place this term, with Year 8, 9 and 10 being involved. They played lots of games and some even learnt line outs and uncontested scrums. The girls really gave their all and Rich Hynes had a really positive impact.



Boys Rugby

Year 8

Our year 8 Rugby team had another promising season with the highlight being the tournament at Mangotsfield School in October, winning all their games and with plenty of tries scored. Well done to all of the boys who got better and better as the tournament went on. Fin L and Reuben M were amongst the top try scorers in the whole competition.



Year 7 Rugby

The year 7 boys rugby team had a very confident start to their secondary school Rugby. Training numbers were strong with a big core group of players who play out of school. They started their fixtures with a friendly match victory over Kingsoak Academy. In October and November, they entered the elite competition at both the Bradley Stoke and SGS Tournaments. Some promising performances and wins in amongst a lot of the strongest schools in South Glos and Bristol. Unfortunately, the weather put a premature end to the season with some matches and training sessions being cancelled. However, lots of new players started joining towards the end of the season to make the squad stronger going into the summer rugby season and moving into year 8.



P.E. Rugby



Year 9 Rugby

A special mention to the year 9 boys such as Aiden McVeigh, Billy Smith and Ashton Frater who all contributed at times to helping support the younger age groups rugby sessions.

<u>Additional Rugby achievements - Tyler Hall</u>

Congratulations to Tyler Hall who represented Bristol Schools Rugby with distinction earlier this term. His summary of the Festival is below.





"I participated in the Cheltenham U16 District Festival. I was representing Bristol schools and played in my usual position of tight head prop. We played 4 games and won 3 which is the highest amount of games they have ever won. Overall, it was an amazing experience to be a part of and I was proud to represent Bristol Schools."

P.E. Football Boys National Cup



Year 8

First Round of National Cup:

Nailsea 0 – 3 Hanham Woods Academy (Scorers: F Wyatt, F Weare, O Williams)

The first round game away to Nailsea was played on a huge astroturf pitch. After a tough first 20minutes.

A great header From Frankey at the near post from a corner was a decisive moment in the first half.





Second Round of National Cup:

Beechen Cliff 0 – 6 Hanham Woods Academy (Scorers: M Zebala, O Williams,

A wonderful team performance from start to finish. Lots of well timed runs and well communicated throwing routines to create lots of chances. The first half scorers were

In the second half....

Third Round of National Cup:

Hanham Woods Academy 7-1 St Katherines (Scorers: M Zebala 4,

Fourth Round of National Cup: Westfield Academy 2-2 Hanham Woods Academy 5-4 on pens (Scorers:

Last minute and penalty heart break for the Year 8s!!!!!

"After a long journey it was time to play. The first few minutes of the game were very tight as neither teams had really got into the game yet. But then Westfield got a breakaway goal to put us 1-0 down. Then their goalkeeper was caught from a kick out which was intercepted by Fin Weare who put it over the keeper who was off his line to put us on level terms. Then towards the end of the second half a bouncy ball was crossed in for Oscar to flick the ball up for a spectacular overhead kick to give us the lead before half time. It was a very back and forth second half with both teams having chances but in the final few minutes of the second half, Westfield equalise to send it to extra time. Nothing really happened in extra time which meant the game went to penalties. Kai was up first for us after they had slotted their penalty home. Next up to take was Fin Weare who put it just under the keeper. Next was Oscar who scored. Then Rory stepped up and put it into the bottom left-hand corner. Then up came Kai-on who stepped up with a goal we needed to keep us in it and it was hit over the bar. It was heartbreak for us."

Dream Big

Match Report by Rory Woodland



P.E.



Year 9 Football

First Round of National Cup: BYE (excellent performance!)

Second Round of National Cup: St Katherine's 0-2 Hanham Woods Academy (Scorers:)

Third Round of National Cup: Hanham Woods Academy 1-3 Redland Green (Scorers: Thomas Sullivan with a sensational 30yrd free kick!)



Year 10

First Round of National Cup: Matravers 0 – 2 Hanham Woods Academy (Scorers:)

Second Round of National Cup: Hanham Woods Academy 3-1 The Kings of Wessex Academy (Scorers:)

Third Round of National Cup: Hanham Woods Academy 3-0 Wellsway (Scorers:)

Fourth Round of National Cup: Beechen Cliff 3-0 Hanham Woods Academy (Scorers:



GCSE Badminton Club

Year 10s have been attending weekly their and improved knowledge, understanding and performance in **Badminton** significantly. With continued hard work and commitment, this will really help to improve their grades for GCSE PE.



INTER-HOUSE Competitions T1 & T2





BICKLEY



CLEEVE



CONHAM



HENCLIFF

September – Inter-House Dodgeball for year 7 in their first week at Hanham

Year 7 Inter-House Benchball Results: Cleeve are the winners!!!!!!

1st – Cleeve 26pts

2nd - Conham 25pts

3rd - Hencliff & Bickley 22pts



Ryan S collecting the trophy on behalf of Yr 7 Cleeve



Year 8 Benchball results – Conham are the winners!!!!!!



Wednesday 20th September results (Tutor A/B/C):

- 1. Bickley 16pts
- Conham 12pts
- 3. Hencliff 11pts
- 4. Cleeve 9pts

Wednesday 27th September results (Tutor D/E/F):

- 1.Conham 17pts
- 2.Bickley 12pts
- 3.Hencliff 10pts
- 4.Cleeve 9pts

Overall results:

- 1.Conham 29pts
- 2.Bickley 28pts
- 3.Hencliff 21pts
- 4.Cleeve -18pts

Year 9 Benchball Results: Conham are the winners!!!



Wednesday 18th October results (Tutor A/B/C):

1. All Houses tied on 12 points!

Wednesday 1st Novemeber results (Tutor D/E/F):

1.Conham - 15pts

2.Cleeve - 12pts

3.Hencliff - 11pts

4.Bickley - 10pts

Overall results (all 4 teams went in to the last round of games with a chance of winning overall!):

1.Conham - 27pts

2.Cleeve - 24pts

3.Hencliff - 23pts

4.Bickley -22pts

INTER-HOUSE Lunchtime Competitions





BICKLEY



CLEEVE

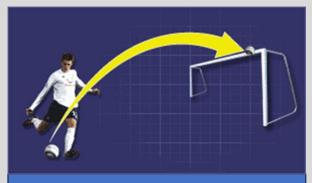


CONHAM

HENCLIFF

December's Crossbar Challenge:





Congratulations to:

Year 8s - Stan Hill, George G **Year 7** - Frank

These boys were joint winners of the Inter -House Crossbar Challenge Competition last Friday.

November's Basketball Shooting Challenge

Congratulations to Brooklyn H

who won the Year 7-9 Inter-house Basketball shooting competition Friday lunchtime. A massive 10 successful shots!

Also, a big congratulations to the Bickley Basketballers who were comfortable winners of the combined House shots competition.





Duke of Edinburgh



Following on from the Bronze expeditions we ran in Term 2, the assessor reports have been flooding in for students completing the Volunteering, Physical and Skills sections. We currently have 40 completed awards, and more are not far behind completing. We are hoping to run an awards evening in Term 3, so please keep an eye out for further communication coming soon. If your child does not know how to get the assessor reports completed, please ask them to come and see Mrs Baker or Mr Littlejohns in Term 3.

We have had a record number of Year 9's sign up to start their Bronze award - just under 80! Students should now have set up all their planning on the E D of E system (using the app or desktop) and be underway with their 3 different sections. A letter confirming the expedition dates will come out at the start of Term 3. If your child has not yet completed their planning or is having problems with the app, please ask them to come and see Mrs Baker or Mr Littlejohns.

And for the 1st time EVER, we have our first cohort of Silver Award. A few of which have not done their Bronze award, which is brilliant and a great commitment from themselves. They should all be getting underway with their planning. We will be having a meeting towards the start of Term 3 to check in on progress.



Careers



Future Quest

Future Quest have delivered six workshops this term on a variety of areas across careers including Growth Mindset, Exploring Creative and Life on Campus. The leaders of Future Quest congratulated Year 8 students for their fantastic engagement with the workshop tasks and materials.

Envision

Students in Year 9 have been busy with bringing their project into fruition. The students have chosen an area that is important to them that they wish to make a positive difference to in school. The students recently pitched their project proposal to SLT member Mrs Tushingham to help enforce the project. The project is looking to formally launch in the New Year.



Speakers for Schools, CEO of Transform Talk

Year 7s had a special assembly from the CEO of Transform, Emma Robertson. Transform is a tech consultancy company which helps organisations implement new technologies for

better efficiency in the workplace. Emma kindly shared her career journey with us, in doing so she gave us an insight of her journey to becoming CEO and in doing so showed us that, as will be the case for many of us, our career journey is likely to be squiggly. Further, she shared some wisdom with us and in doing so attributed her success to her family and hard work!



Bath University

Bath University were in to talk about Higher Education with Year 10 students. Bath University gave an insight into the available pathways' students can take at both Post 16 and then Post 18 with a focus on higher education. Students were informed of the diverse range of degrees that can be studied at university, what they need to do to get there, how student finance works and top tips for succeeding with the next steps.



Alumni Assembly

We had two alumni students visit us last week to give talks on life post Hanham Woods Academy. One of the students was a recent alumni of the academy, having only graduated last summer! The second alumni was a first year law student at the University of the West of England! It was great to see people taking the time to share their journey with both Year 7 and 11 students. The key takeaway was that success in life comes and is available to all, by being proactive.



Library



WORD MILLIONAIRES

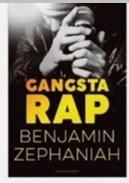


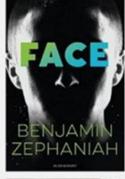
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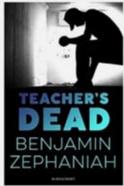
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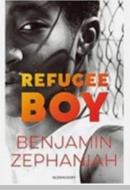


We mourn the loss of Benjamin Zephaniah, we also celebrate his extraordinary life. He was a man who used his talents to fight for a better world, and his legacy will continue to inspire future generations. His poetry, activism, and undying spirit will live on, reminding us of the power of words to change the world. In remembering this legend, we not only honour his memory but also reaffirm our commitment to the ideals he championed throughout his life. Benjamin Zephaniah's journey from the streets of Birmingham to international acclaim is a story of triumph, resilience, and the enduring power of art to effect change.











Please bring any overdue library books back.



Festive Poetry



A Visit from St. Nicholas by Clement Clarke Moore 1779 - 1863

'Twas the night before Christmas, when all through the

Not a creature was stirring, not even a mouse; The stockings were hung by the chimney with care, In hopes that St. Nicholas soon would be there; The children were nestled all snug in their beds, While visions of sugar-plums danced in their heads; And mamma in her 'kerchief, and I in my cap, Had just settled our brains for a long winter's nap, When out on the lawn there arose such a clatter, I sprang from the bed to see what was the matter. Away to the window I flew like a flash, Tore open the shutters and threw up the sash. The moon on the breast of the new-fallen snow Gave the lustre of mid-day to objects below, When, what to my wondering eyes should appear, But a miniature sleigh, and eight tiny reindeer, With a little old driver, so lively and quick, I knew in a moment it must be St. Nick. More rapid than eagles his coursers they came, And he whistled, and shouted, and called them by name; "Now, Dasher! now, Dancer! now, Prancer and Vixen! On, Comet! on, Cupid! on, Donder and Blitzen! To the top of the porch! to the top of the wall! Now dash away! dash away! dash away all!" As dry leaves that before the wild hurricane fly, When they meet with an obstacle, mount to the sky; So up to the house-top the coursers they flew, With the sleigh full of Toys, and St. Nicholas too. And then, in a twinkling, I heard on the roof The prancing and pawing of each little hoof. As I drew in my head, and was turning around, Down the chimney St. Nicholas came with a bound. He was dressed all in fur, from his head to his foot, And his clothes were all tarnished with ashes and soot; A bundle of Toys he had flung on his back, And he looked like a pedler just opening his pack. His eyes—how they twinkled! his dimples how merry! His cheeks were like roses, his nose like a cherry! His droll little mouth was drawn up like a bow And the beard of his chin was as white as the snow; The stump of a pipe he held tight in his teeth, And the smoke it encircled his head like a wreath; He had a broad face and a little round belly, That shook when he laughed, like a bowlful of jelly.

And I laughed when I saw him, in spite of myself; A wink of his eye and a twist of his head, Soon gave me to know I had nothing to dread; He spoke not a word, but went straight to his work, And filled all the stockings; then turned with a jerk, And laying his finger aside of his nose, And giving a nod, up the chimney he rose; He sprang to his sleigh, to his team gave a whistle, And away they all flew like the down of a thistle, But I heard him exclaim, ere he drove out of sight, "Happy Christmas to all, and to all a good-night."



Dream Big

He was chubby and plump, a right jolly old elf,

Wellbeing



Reminder of the 5 ways to wellbeing

Especially in winter it is important for us to take care of our health and wellbeing. This isn't just our physical health but also our mental, emotional and social health too!

The NHS recommend 5 strands that we can focus on to support our wellbeing, take some time to reflect on which ones you do well and where you could give yourself some more self-care.

> Take notice – be aware of how you interact, your language and your actions

Learn – not only in school but also for yourself in your own areas of interest

> **Connect** – speak with friends and family, share your day and ask about theirs

Be active – move your body regularly and even better if you can do this outside!



Give – your time, your effort and your attention to the people and things important to you



Safeguarding





www.police.uk/streetsafe

For our latest HWA Safeguarding Newsletter go to:

https://hanhamwoodsacademy.clf.uk/ key-information/safeguardinginformation-2/



Kooth—Your online mental well-being community. Free, safe and anonymous support.

https://www.kooth.com



Childline—a free, private and confidential service where you can talk about anything.

https://www.childline.org.uk



Off The Record— mental health social movement by and for young people aged 11—25.

https://www.otrbristol.org.uk

Youngminds

fighting for young people's mental health

national charity offers confidential online and telephone information and support for anyone worried about the emotional, behaviour, or mental health of a child/young person up to 25 years of age, including ADHD, Autism and Aspergers.

Parents Helpline: 0808 802 5544

Website: www.youngminds.org.uk

Young Minds Crisis Messenger Service for free 24/7 support across the UK of you are experiencing a mental health crisis.

Text YM to 85258.

shout 85258

here for you 24/7

Shout—Shout 85258 is a free, confidential, anonymous text support service. You can text us from wherever you are in the UK.

If you are struggling to cope and need to talk, our trained Shout Volunteers are here for you, day or night.

Text SHOUT to 85258



Mind—If you're struggling to cope, you're not alone. https://www.mind.org.uk/



Place2Be— We provide mental health support in schools through one-to-one and group counselling using tried and tested methods backed by research. In addition, we also offer expert training and professional qualifications. https://www.place2be.org.uk/



CLF GOVERNANCE TEAM



A message from the CLF Governance Team

If you have ever considered volunteering within your community, working with and contributing to one of our CLF Academies could be one of the most rewarding things you ever do. If you have the desire to improve children's lives and outcomes, are passionate about the importance of education to change lives for the better then this could be the role for you.

I cherish the role I play in children's education; I live and work within my local community and feel everyone's contributions, no matter how small, can make a real difference to a child's life. As a Councillor I have the opportunity to shape the lives of children and therefore shape the community and society I live within. It is a really rewarding role.

Education is not just about the academic work that children undertake; it is a time when children develop their life skills creating the young adults that join our society; as Councillors we have a chance to help shape their lives and give them opportunities they may otherwise never have.

If you have an enquiring and challenging mind, put it to use and help shape the educational direction of the academy.

As a Councillor, I have had the opportunity to undertake professional roles outside of my own everyday remit and develop a diverse range of skills that are transferable to other areas of my professional life. I would highly recommend a role as an Academy Councillor within the Cabot Learning Federation; the training and opportunities are invaluable, joining really can make a difference.

Dream Big

Why wouldn't you want to?.....

E-mail:

governance@clf.uk

Website:

https://clf.uk/volunteer-with-us/



Family/parenting support



NHS website: Advice for parents on a range parenting issues, including talking to teenagers, fussy eating and teenage aggression.

Website: www.nhs.uk/family

Parent Buddies is a confidential, universal, one-to-one listening service offering short-term support depending on family need. Volunteers are trained to provide parents/carers with listening, and signposting to specialist services. https://www.parentbuddies.co.uk/

CCP – Caring for Communities and People - Offer outreach support for families at an early help level. Families can selfrefer. www.ccp.org.uk

Support for families who have children with additional needs

SEND and You - SAY:

and disability Local SEN information service (SENDIAS) -Information and support around Special Educational Needs and Disabilities, for children, young people and families. (previously Supportive Parents)

Tel: 0117 9897725 Mon-Fri 9.30 - 4.30 (answerphone at other times),

Email:

support@sendandyou.org.uk

Website: https://

www.sendandyou.org.uk

South Glos Parents and Carers: Information and groups for parents who have children with a disability and/or additional needs. Offers a weekly drop in for parents and carers, support groups, workshops, counselling and events. They also run the Parent Carer forum in South Gloucestershire to collect feedback and views from families with disabled children.

Website: www.sglospc.org.uk

Email: team@sglospc.org.uk

JIGSAW Thornbury Support families who have children who are 0-25 years and have any additional needs or disability. This can be anything from learning needs such as dyslexia to complex disabilities or medical problems. Many children who come have no diagnosis. Weekly support group for parents, carers and children + training courses on a range of topics. Telephone: 01454 416381

Website: https:// www.jigsawthornbury.org.uk/

Adult Mental Health

South Gloucestershire Talking Therapies - Vitaminds: Therapeutic interventions including counselling and group courses, in line with people's differing needs, age 16+. Self-referral via the website:

https://www.wellaware.org.uk/projects/talking-therapies-southgloucestershire/

Tel - 0333 200 1893

https://www.vitahealthgroup.co.uk/nhs-services/nhs-mentalhealth/bristol-north-somerset-south-gloucestershire/

Samaritans: Free, confidential emotional support for those experiencing despair, distress, self-harm or suicidal feelings.

Tel: 116 123 (free, from any phone, 24/7).

Website: www.samaritans.org. Email: jo@samaritans.org



Parent Carer Support





Is your parenting journey different to that of your friends? Maybe your child received an early diagnosis. Or maybe you are seeing areas where your child is experiencing difficulties, or you are finding their behaviour a challenge to handle. This could be:

In school

With friendships and peers

At home

During or after activities that should be fun

Or all of the above.

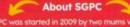
Sometimes it comes as a shock to learn that you're providing much more support to your child than your friends need to; and we don't always realise we are Parent Carers to our child, until it's pointed out.

However you found out, we're here to guide you and welcome you into our supportive community.



and guidance goes a long way!

ortunity to support you, and feedback you experiences and the support you need.



SGPC was started in 2009 by two mums who had trouble gaining the support they knew their childrer deserved and wanted to help make the journey easier for other Parent Carers.

Our team are Parent Carers themselves. We have felt the overwhelm, frustrations, heartbreak, determination, isolation, exhaustion, and unwavering love that many Parent Carers experience, and turned it into a passion to help make a difference for South Glos children with SEND,

Volunteering Opportunities

We welcome Parent Carer volunteers to join us – su can help in as little as a few hours a month – and we promise you'll feel valued and supported in your role.



Join Us SGPC TEAM

team@sglospc.org.uk FB: @sgpc.community









www.sgpc.org.uk

WORKING TO SUPPORT ALL PARENT CARERS



We listen to your experiences and gather your views



We work with professionals to shape the services available to your family



We connect you with our community of parent carers and other support

Each Child Is Individual, And So Is Their Journey

Identifying additional needs and disability can occur at any point from pregnancy to secondary school (and beyond!). That's why we offer services that support Parent Carers of children from 0-25.

We work with Parent Carers at all stages and information can be found on our website to guide you through

- Early Years
- School Years
- Preparing for Adulthood

Our support takes many forms to ensure we can reach as many of you as possible.

SGPC Services

- SGPC Community Base
 - Online Support
- Community-based Support
 - Workshops & **Information Sessions**
 - Parent Voice
 - Little Treasures Stay-and-play group

Together We Can Make A Difference

Hearing about your experiences is crucial for professionals who are working with us to design, shape, and improve local services for our community.
We create lots of opportunities for you to share your stories and views:

- Surveys & Focus Groups
- Speaking directly with a member of our team Facebook Community Group posts
- Feedback via our support groups, training, and information sessions

We Help Each Other

As the old saying goes, a problem shared is a problem halved, and sharing your views can also help you to process what you're living through, feel less isolated, and empower you. Sometimes, feeling heard can be beneficial to your overall wellbeing, and we can signpost you to additional sources of support or information we feel may be of benefit to you.









General Information





CALL FOR TIES



If you have any school ties you are no longer needing, IA and the Pastoral team would be grateful for them.



Mrs. Tushingham **Assistant Principal** Designated Safeguarding Lead Mental Health Lead





Miss. Dickson Deputy DSL Online Safety



Mrs. Thurston KS4 Pastoral Leader Attendance





Hanham **Woods** Academy

safeguarding@hwa.clf.uk or TEXTus on 07749723552 3:00pm - 5:00pm Mon - Fri



Mrs. Hendra Vice-Principal Protected Characteristics Prevent



Mr. O'Callaghan Principal Principal



Ms. West Academy Counsellor



General Information



Free School Meals

Do you think your child might be eligible for free school meals?

If you wish to apply for free school meals for your child attending Hanham Woods Academy you can apply either online, in writing to South Gloucestershire Council or by phone, **01454 868008**.

Free School Meals Online



There is a lot of lost property waiting to be claimed. If you have lost any items please ask at reception and also in the PE office. Any unclaimed items will be disposed of at the start of each term.



Data Protection

Following the UK Data Protection legislation (including UK GDPR), we asked for permission to process and use some personal and sensitive data belonging to students, for example photographs and recordings. This consent can be changed at any point. To change the level of consent given, please email us: Karen.Cooper@clf.uk.

Please note: Student photos in our Newsletters appear in both print and online platforms, including the school website.

Change of Details

Please can you ensure that if you change address, Phone number or email address that you inform the school as soon as possible to ensure that we have the most up to date contact details for you and your child. Please email any changes to reception@hwa.clf.uk

Student Absence

Student absence line: 0117 440 8900 (Option 2)

Student absence email: hwaattendance@clf.uk ('Absence' in subject line)







General Information





Applying for free school meals could save you up to £414 per year, per child.





Your child could be entitled to free school meals.

You may be able to get free school meals if you receive any of the following:

- Income Support
- income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)



You can check if you are eligible by using our online application form at: www.southglos.gov.uk/schoolmeals For more information, speak to your child's school.



The quickest way to complete your free school meal application is online.



The Contact Centre is here to help and support those who are unable to access this service or require support in their online application. Contact 01454 868008 for more information.

