# HWA Newsletter





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Headteachers comment Commendations Prom Geography History Maths DoE Preforming Arts Careers P.E. Pride Library Wellbeing Safeguarding General information

#### HWA celebrating

Pride month

in June 23

Cabot

earning ederation





"As we reach the end of another challenging but hugely rewarding year its a time to reflect on the many achievements we have seen from students across the Academy. I'm able to look back with a sense of pride when I consider the resilience and perseverance shown by students to overcome barriers placed before them to 'climb the mountain'! Thank you again for your continued support of the Academy and I hope you have restful summer break when it comes around and take the time to recharge ahead of September. Dream BIG, Work Hard, Be Kind."

# **Principal Awards for Term 6**

Oscar W	Alex C-P
Poppy G	Tessa S
Skye L W	April R
Emil D	Ellie F
Poppy G	Isaac H
Evie S	Dulcie J
Morgan A	Caspar M
Matthew W	Oscar S
Billy S	Alice S
Dyaln J	Paige C
Luke M	Harrison C R

, n C R

Chloe H Maddy J Adrian K Sonny W Archie B Millie D Seren G Oskar J Albie M

Well done to Henry and kingswood AIR won at Bristol Young Heroes Award.



# PROM





Staff, parents, carers and wider family and friends enjoyed watching Year 11 students blossom at the arrival of their Prom this month at the Grange Hotel. 107 students enjoyed their evening and celebrated their time at Hanham Woods Academy with many different modes of transport bringing the students to the entrance of the hotel including a horse.

It was a glittering evening organised by staff for the students to enjoy with dancing until late, a magician and photobooth and the legendary sweet table.

It was a very proud moment for staff to welcome the students back for one last evening of smiles and music.

Thank you to all staff who gave up their evening to come and support the organising team as it is a joint effort and huge thanks to Mrs Smith who helped me organise the event.

A evening to remember for sure

**Mrs Thurston** 





# Y10 GCSE Geography Trip



The Y10 Geography trip was a great success. Starting at Temple Meads they walked around the area looking at the various types of development and how it impacts the area.





Dream Big

Work Hard Be

July 2023

# History



#### <u>Year 10</u>

Well done to Year 10 on completing their first set of History PPEs. We are looking forward to teaching you again next year when you will be studying such topics as the Cold War, the Vietnam War and African-American Civil Rights.

#### Year 9

Year 9 have been working hard studying the Holocaust this term, using the Scheme of Work we have developed with University College London as part of our Beacon School for Holocaust Education status.

#### Year 8

Year 8 have been studying units on British Democracy and. the British Empire and its impact on the rest of the world this term and have used this to understand the world we live in today better.

#### <u>Year 7</u>

Year 7 have been studying a unit on inventions pre 1500 and have been surprised to discover how many things that we take for granted today were invented by other cultures long before us.

#### **Holocaust Project**

This is a project that we have become involved with as a result of our Beacon School status. A group of Students from years 8 to 10 have been working hard after school with Miss Dora every Wednesday.

The Project's Student Leaders have been working hard all year to develop their understanding of the Holocaust. Inspired by the documentary series 'My Family, the Holocaust and Me' and working alongside other schools across the country they have focused on family's story. Working as part of the project has given them an opportunity to take part in a workshop based around Jewish resistance to the Holocaust led by UCL. In this workshop they interacted with a range of sources that illustrated how Jewish people resisted during the Holocaust and the barriers that they faced while doing so. They have worked hard in the final few weeks of the academic year to put together a display board for the canteen to show the individual experiences of the Holocaust. Well done for your hard work!

Some students have used the family that they have been researching as inspiration for art projects and poems, such as this one, inspired by one of the figures in the television programme who was a dancer.

#### Bird set Free By Lily Broderick

Dancing is my passion, Dancing is my love. My feet gliding across a floor of ashen, Giving me the ability to feel like a dove.

My adoration is something many seek to acquire, My body moving to the sound of piano key. I continue to soar higher, I am a bird set free.

I had to let my children go, As our home was suddenly changing. Seeing them leave hurt me so, But I had to with our lives now rearranging.

Many like me are trapped behind barbed wire, But I refuse to let them cage me. I continue to soar higher, I am a bird set free.

I will fight for those who can't, By helping others I can do what's right. A brighter future I will plant, With our resilience we will take flight.

Our courage burns like an electric fire, We owe our lives to nobody. We will continue to soar higher, We are all birds now set free.



# Students shine at national Maths Challenge



More than one hundred budding maths champions from Years 7 and 8 at Hanham Woods Academy have earned a series of medals in the national Junior Maths Challenge.

Hanham Woods' 125 students enjoyed a won 9 golds, 24 silvers and 35 bronzes. Top performer in Year 7 was Hayden Champion and top performer in Year 8 was Harrison Price.

Josh Hocking, Head of Maths at Hanham Woods, had the tough task of selecting students for the one-hour maths challenge in the academy's main hall.

Mathematical The Junior Challenge is а 60-minute, multiple-choice challenge. It mathematical encourages reasoning, precision of thought, and fluency in using basic mathematical techniques to solve interesting problems. The problems on the Junior Mathematical Challenge are designed to make students think. Most are accessible, yet can still challenge those with more experience.

The UK Mathematics Trust was founded in 1996 and its charitable aim is to advance the education of young people in the subject. The charity does this by working with hundreds of volunteers across the UK to organise competitions which promote problem-solving and teamwork and other mathematical enrichment activities.

Josh said: "The challenge is an excellent enrichment opportunity to stretch our mathematicians beyond their day-to-day curriculum. The Maths Team and I are absolutely delighted to see our students achieve the best results in the school's history for the second year in a row."



# Duke of Edinburgh



#### Hanham students volunteer work for Duke of Edinburgh



An amazing total of ninetyseven Year 9 and 10 students are currently taking part in the Duke of Edinburgh award at Hanham Woods Academy.

Working towards their bronze award those 97 students have just completed 494 hours of volunteer work.

Benefiting the local and wider community

students undertook a range of volunteer work which included, animal welfare, litter picking, working in charity shops, working with Girlguiding and the Scouts, to name but a view from a very long list!

Hanham staff advertise for students who what to take part, students sign up and after various tasks and challenges along the way it takes around, on average, 9-12 months to complete this level.

Mrs Emily Baker Duke of Edinburgh Manager, at Hanham Woods Academy said: *"I am immensely proud of the* Hanham Woods Academy students' contribution to their local community through volunteering in a number of different provisions. It is wonderful that so many students are being recognised for their efforts. We now look forward to completing their expedition in October to gain their Bronze Award."



# Duke of Edinburgh



As a school we received the impact of our students undertaking volunteering in our local community – what a brilliant achievement! We're so proud of all their D of E efforts and pushing themselves out of their comfort zones to help others.

Our Year 9 & 10 students continue to complete their volunteering, physical and skills section ahead of completing their expedition training and assessed expedition in October. All students need to try and get their assessor reports completed. They can ask their assessor to go online <u>https://www.dofe.org/assessor/</u> and enter their E DofE number and it will come through to us!

#### Dates for the diary:

Saturday 23<sup>rd</sup> September – Year 10 (current Year 9) training day

Sunday 24<sup>th</sup> September – Year 11 (current Year 10) training day

Friday  $6^{th} - 7^{th}$  October – Year 10 (current Year 9) assessed expedition

Friday 13<sup>th</sup> – 14<sup>th</sup> October – Year 11 (current Year 10) assessed expedition

DE	YOUTH WITHOUT LIMITS
Tha	nk you
	to Edinburgh's Award participants
	from
Hanha	am Woods Academy
	who spent
	494 Hours
1 April	plunteering between 2022 and 31 March 2023.
	d of the dedication, effort and achievement naking an impact in their community.
The so	cial value of these hours is
	£2376
	all
	BUTH MARVEL CHEF EXECUTIVE
	<b>June</b> 2023

#### Important update:

The expedition company have informed us they want students to use their large backpacks for the training days – all students should have received a letter this week with a mini kit list for this!

#### **Exciting news**

Year 8 received an assembly in the second to last week of term informing them about Duke of Edinburgh, and how they will get the opportunity to undertake their Bronze award during Year 9. Please keep an eye on communications home to sign up, enrol and pay the deposit.

#### Looking ahead

We are hoping to give our current Year 9 students the opportunity to undertake their Silver award during Year 10!! A first for Hanham Woods Academy! You don't have to have completed your Bronze Award either. Hopefully, we will be launching this around October half term.

#### **Plea for equipment**

If anyone has large rucksacks (50-60L), roll mats, sleeping bags that they no longer need please consider donating them to school. We are always on the look out to expand the amount of equipment we have to lend out for expeditions to help reduce the cost for our families.

July 2023

# Performing arts charity showcase

#### Academy showcase supports cancer charity



Hanham Woods Academy's talented actors, dancers and musicians took centre stage at a recent performing arts showcase.

With more than 40 Bristol students taking part from Years 7-11, the show included different genres of music and theatre, such as pop, musicals, rock and metal from bands and solo artists, as well as drama performances, dances and even stand-up comedy.

The show – which was entirely produced and run by students – raised more than £350 from ticket sales and a raffle. The money was split between the cancer charity BUST (Breast Cancer Unit Support Trust), a Bristol-based charity founded by patients for patients to support the work of the Bristol Breast Care Centre at Southmead Hospital and buying new equipment for music and drama.

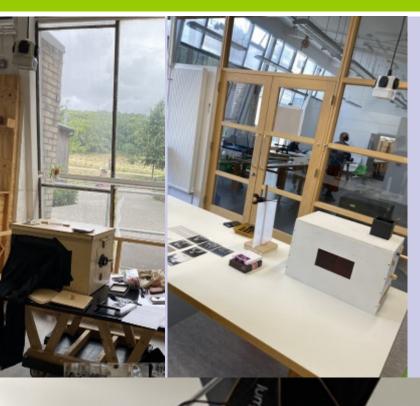
Anièle Filain, music curriculum leader and showcase organiser, said: "Our students are truly exceptional; they consistently show great leadership skills and they are so supportive towards their peers and staff. The Summer Showcase is another way to demonstrate the dayto-day life of what these students do here at Hanham Woods Academy.

"I am extremely proud. Thank you to all students and colleagues who have helped out with the event."



#### Careers — Year 9 trip to Bower Ashton Campus, UWE





Year 9 students taking an art GCSE next year, got the opportunity to explore their interest in the creative arts field a little further by taking the Afghan Box Camera Workshop at Bower Ashton Campus.

"Compassion and belonging" was the theme of the workshop. We engaged in several activities that got us thinking about what compassion and belonging mean to us. One of the activities, encouraged us to find an image which represented the theme best to us and give a brief description of why this was the case; most people chose a picture of their pet.

Along with exploring photography we had a tour of the university and the different departments which allowed student to get a better understanding of the workings of a university. This experience will help students with their future pathways once the time comes to decide!

#### Two student's perspectives of the day:

#### Student 1

So, on the photography workshop in bower Ashton campus, we learnt how to use the Afghan box camera and the digital version of it, we learnt how to develop photos using the alkali chemicals and how to turn it from a negative image to a positive using the same process. Some skills we learnt on that day was how to develop photos, how to focus an image using the sliding focusing plane and how the cameras work. Personally, my favourite part of the trip was the part where we were taking portraits.

#### Student 2

We learned how to use an Afghan box camera, and we took photos with each other and of each other using the cameras and we explored how they work and how to use a dark room, the photography the theme was belonging so we took pictures from our phones which represented the theme decently. The tour was interesting but I'm not going to be taking a creative course at UWE in the future. My favourite part of the trip in general was taking photos and being in a different environment as a palette cleanser, overall it was fun and great to experience outside of school and visit a UNI campus which we had a tour of. Extra point, we saw typewriters, and touched them.



#### Careers — Post 16 Pathways





**Year 10** students have started thinking about their Post 16 pathways in preparation for Year 11.

**Year 10** students start to formally make their decisions about their Post 16 pathways in Term 1 of Year 11.

To help them make an informed choice, we have several initiatives in place in Year 11. Including several Post 16 Providers coming in to speak to students during assemblies, resources and a career guidance interview. Students will have the opportunity to ask questions and are encouraged to attend Open Days. Open Days begin in September, a list of Open Days is provided below.

Post16	
Digitech	
Boomstsuma	
St Brendans	
CLF Post 16	
St Mary Redcliffe	
Cotham P16	
North Bristol P16	
Montpelier V6	
	Digitech Boomstsuma St Brendans CLF Post 16 St Mary Redcliffe Cotham P16 North Bristol P16



#### Careers — Summer holidays



In tutor time this week as part of the Careers Programme, Year 10 have been set a (small!) task to complete over the summer holidays (should they wish to!). Said (small!) task:

- It would be good for students to have some idea of what they want to study at Post 16 (think what they're good at/ what their passion is).
- It would be good for students to consider at least two possible Post 16 providers they would like to know more about- use the above list to help!
- That is all!

#### **Opportunities over the summer:**

BIMM Music Summer School: <u>Summer School Music Courses | BIMM Institute</u> Virtual work experience and courses: <u>It's time to take control of your future | Springpod</u>



Dream Big Work Hard

1-121

July 2023

#### Hard-fought win sees Hanham Woods crowned champions



**Y**oung footballers from Bristol's Hanham Woods Academy have claimed the Woodcock Shield after a tense victory over local rivals St Bede's in the competition final.

Team captain Harry Ford has shared this dramatic account of the big day.

"As we travelled in the Hanham Woods Academy minibus, the vibes were good but there was a sense of nerves and excitement as well. We arrived dressed smartly in our school uniform, ready to go. This is when things got serious and we really focused on our performance.

"The weather was perfect. Although really hot, the pitch looked lovely. As we changed into our kit, we could see the opposition and their buses of fans arriving. As a team we headed out to warm up together; this helped to calm the nerves but it was also when we really felt up for it. The students and families who made the journey were chanting and shouting as we worked through our prematch drills. Although it was a moment we never thought we'd get to, we felt confident and had belief, but also – as the underdogs in previous rounds – we knew this was going to be a tough match.

"We then headed back into the changing rooms ready for the walk out. We had one last team talk and then headed out. As I led the team out, the tension was building, with parents and spectators making lots of noise.

"We shook hands with our opponents and got into position. I got the team in a huddle and told the boys no matter the result, we've upset everyone by getting here and should be proud.

"The whistle blew and the game kicked off. The first 10 minutes were very erratic. You could see both us and St Bede's really wanted to win and their friends watching made a lot of noise under the hot sun. After 15 mins Hanham took control of the midfield, battling hard in defence keeping it tight and the team spirit high. We had a few chances but could not take them until the 18th minute when we made a breakthrough. Billy Amos scored the goal to put us in control and





silence the St Bede's fans. We celebrated in the corner, so happy but knowing there was still a long way to go.

"The game then became more scrappy again, both teams having chances, with Hayden's coming the closest when he rattled the crossbar. Just before half time the St Bede's striker found himself in behind our defence and scored the equaliser; their crowd were going crazy, celebrating. We were all sad, but I picked up the ball and told the lads to keep our heads and go again.

"The half time whistle blew at a good time for us. Mr Swanton sat us down and told us that if we play to our strengths and played with belief and confidence, just how we did during the period when we scored, we could win this! Despite everyone being so tired due to the heat, we all got up for it again and jogged out for the second half.

"The second half started the same as the first, both teams non-stop running. St Bede's tackles were flying in, but we found our rhythm and settled down well. About 15 minutes into the second half we started to take control, keeping the ball well and moving St Bede's about. In the hot sun they began to tire. At approximately 19 minutes into the second half the ball came to me, I dribbled and was fouled, quite far out. Our centre back Marcus stood up to take it. He struck it hard and true, and the ball took a crazy deflection and trickled into the back of the net. The team was in shock and ran excitedly to the corner again. A well-deserved stroke of luck for the Hanham boys.

"From then on, we continued to dominate. We kept the ball moving fast – too fast for the St Bede's players to keep up with. We came close many times but just couldn't find that third goal. As the game went on, it got a little bit tighter, St Bede's realising they still had a chance. That was until the ball came to Noah on the edge of their box and he smashed it in off the crossbar to secure what should be the win!

"That goal meant so much, the emotions poured out of us as we ran to the corner. Smiles all over our faces, we had almost done it. Five minutes is all we had to hold out for. The opposition had a few chances but we defended well, working incredibly hard for each other until finally that final whistle blew.

"I fell to my knees. I was emotional when I considered how this team, just a month or two earlier, was non-existent and now we'd won such a prestigious and historical trophy. From then on it was like a dream. I lifted the trophy proud and can say that Hanham Woods Academy are the Woodcock Shield CHAMPIONS again!" by Harry F

# <image>

On Friday 23<sup>rd</sup> June, 11 students from HWA took part in the **CLF Festival of Sport.** The students from Year 7 and 8 got to spend the day at UWE trying a range of new activities, including multi-sports, ultimate frisbee and pilates. The students had a great time and proudly represented HWA, demonstrating our key values throughout the day. Well done all!!



#### **Inter-House Tutor competitions**



In term 6, we saw year 7 & 8 take part in some entertaining Benchball Tournaments. These were organized during in tutor times and were incredibly successful events, with mass participation and an incredibly positive ethos from all involved, especially out wonderful students!

#### Year 7 Benchball Tutor Inter-House Competition



Year 7 RESULTS

Wednesday results (Tutor A/B/C): Bickley - 14pts Conham - 12pts & Cleeve - 12pts Hencliff - 10pts

#### Thursday results (Tutor D/E/F): Bickley - 15pts Conham - 14pts Hencliff - 13pts Cleeve - 7pts



Bickley - 29pts Conham - 26pts Hencliff - 23pts Cleeve -19pts





#### **Inter-House Tutor competitions**

#### **Year 8 Benchball Tutor Inter-House Competition**

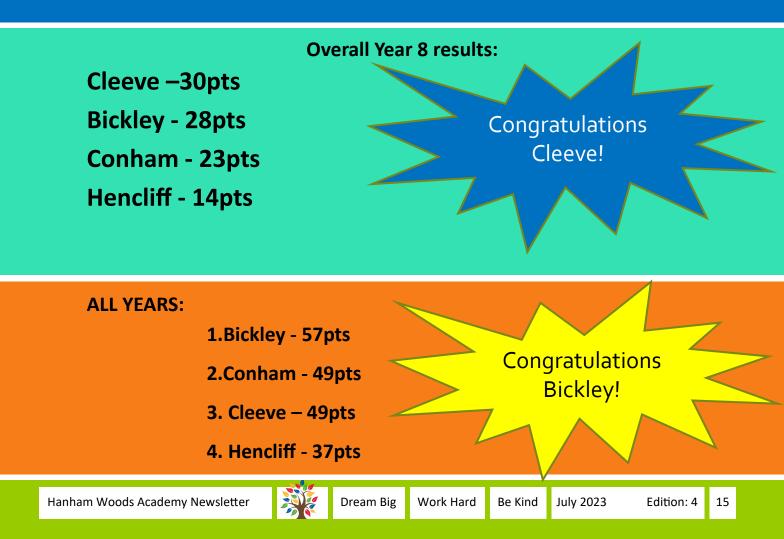


#### **Year 8 RESULTS**

Wednesday results (Tutor A/B/C): Bickley - 14pts & Cleeve Conham - 13pts Hencliff - 7pts

#### Thursday results (Tutor D/E/F):

Cleeve - 16pts Bickley - 14pts Conham - 10pts Hencliff - 8pts



#### Athletics





#### Athletics – Year 7 & 8 Combined years.

Unfortunately, many of the scheduled Athletics events were cancelled due to the weather conditions in term 6. However, Our year 7 and 8 combined boys teams carried the flag for the academy by qualifying for the Regional ESAA Athletics finals in Winchester in the first week of term 6.

The boys competed fantastically well against some of the best athletes in the country with many stand out performances.

Several of the boys, placed in the top 3 in their respective heats with Omar B finishing 1<sup>st</sup> overall in the Shot Putt and 2<sup>nd</sup> overall in the 100m sprint.





Dream Big

#### **Ex-Bristol Bears star visits**



Scrum down at Hanham Woods Academy as ex-Bristol Bears star visits

Former student and now professional rugby player Andy Uren returned to his old school Hanham Woods Academy to deliver an inspiring talk to students.

Andy, who used to play scrumhalf for Bristol Bears but who is now plying his trade for Benetton Rugby in Italy, spoke to hundreds of students from Years 7-10.

With over 150 games played for Bristol, Andy was able to share insights from his playing journey from Bristol academy to first team. He spoke to students about resilience, working hard and the importance of getting good qualifications. Andy also spoke about the culture of respect at Bristol Bears and the impact that has had on him.

The session finished with a Q&A before Andy spent time signing autographs, posing for pictures and having one-to-one conversations with students. He left the PE department his final Bristol Bears rugby shirt which staff are going to frame and hang on display.

Curriculum leader for physical education at Hanham Woods Academy, Elliott Swanton – who used to teach Andy – said: "It has been great following Andy's career since leaving Hanham Woods Academy and we really appreciate him coming in and encouraging the next generation to achieve their potential. "Andy has been an inspiration with his performances on the pitch for Bristol Bears, but for many students the chance to meet him in person was clearly an exciting one. Andy gave a motivational talk, encouraging all students to work hard and aim high. Andy has grown so much as a person, and we all appreciate his continued support. We wish him every success in Italy and beyond."





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#### **Rugby with Bristol Bears**

During Term 6, Year 9 students have enjoyed having their PE lessons with Bristol Bears community coaches. To celebrate the end of this block of work, they celebrated with a game of Rugby Rounders and each got a Bristol Bears t-shirt too. Well done to all for your enthusiasm and hard work!



#### Rounders

This term saw the Year 7 and 8 rounders teams play against our local schools at the South Glos Rounders Tournaments. Both teams did amazing in their individual competitions with Year 7 finishing a close 2<sup>nd</sup> and Year 8 winning their tournament. Both teams showed fantastic teamwork, skill and communication. A great achievement, well done all!





Dream Big Work Hard

# Eco Club



Eco Club is a group of ordinary children from HWA, aiming to make our school a greener, cleaner place for all. We will do this through fundraising for the school (watch this space), then we will use that money to run projects, such as eco-schools (https://www.eco-schools.org.uk/about/what-is-eco-schools/) and work with the Avon-Schools Eco Network (https://asen.uk/secondary/). However, the only way this club will work is if we get more students – please email Miss Davies and for details on joining. We count for your volunteering section of your DofE, which in turn will look good on your CV and it will ensure that Hanham Woods stays the amazing place it is for years to come. You will also make new friends and learn new skills, and these skills will help you in years to come, no matter what you want to be when you're older.



We face one of the most important decisions in history. Will we allow the relentless and ruthless assault that causes degradation, destruction, and exploitation of our world to continue? Or will we stop this before climate catastrophe? Our past actions cannot be changed, but our future ones can. And every action we take from now on will be pivotal to the destiny of our green and blue beauty as well as all the amazing species that live within it. Every minute we start our petrol cars, use a single – use plastic or throw away waste we are contributing to the destruction of Mother Earth. However, all our actions can be reversed. It is not too late. Every minute we start our electric cars, use a biodegradable plastic, or minimize waste we are contributing to the healing of Mother Earth. Did you know extreme temperature accounted for more than 148,000 lives lost in Europe in the past 50 years? I believe that as a member of humanity, it is my responsibility to act now to save the future. Will you do the same? Nature is calling, but how will we answer?

Marginalized communities, such as lowincome and indigenous populations, are often the most vulnerable to the impacts of climate change, despite contributing the least to its causes. They may experience more frequent and severe natural disasters, food and water insecurity, and health problems related to environmental pollution and degradation. These undeserved consequences will wreck our diversity, destroy their homes and maybe even separate families as they search for somewhere else to live. It is crucial that we recognize and address these inequities in our efforts towards a sustainable future. So, will you join us in our mission to save the world?

# Celebrating Pride Month—June 23



# Library—Celebrating Pride Fiction

#### How to Come Out as Gay

	Don't.
	Don't come out unless you want to.
	Don't come out for anyone else's sake.
	Don't come out because you think
	society expects you to.
	Come out for yourself.
	Come out to yourself.
	Shout, sing it. Softly stutter.
	Correct those who say they knew
	before you did.
	That's not how sexuality works,
	it's yours to define.
	Being effeminate doesn't make you gay.
	Being sensitive doesn't make you gay.
	Being gay makes you gay.
	Be a bit gay, be very gay.
	Be the glitter that shows up
	in unexpected places.
	Be Typing on WhatsApp
	but leave them waiting.
	Throw a party for yourself but don't invite anyone else.
	Invite everyone to your party
	but show up late or not at all.
	If you're unhappy in the closet but afraid of what's outside,
	leave the door ajar and call out.
	If you're happy in the closet
	for the time being,
1	play dress up until
	you find the right outfit.
	Don't worry, it's okay
	to say you're gay and later exchange it
	for something else that suits you,
	fits, feels better.
	Watch movies that make it seem
	a little less scary:
	Beautiful Thing, Moonlight. Be south-east London council estate,
	a daytime dance floor,
	his head resting on your shoulder.
	Be South Beach, Miami,
	night of water and fire,
	your head resting on his shoulder.
	Be the fabric of his shirt
	the muscles in his shoulder, your shoulder.
	Be the bricks, be the sand.
	Be the river, be the ocean.
	Remember your life is not a movie.
	Accept you
_	will be coming out for your whole life.
	Accept advice
	from people and sources you trust.
	If your mother warns you about HIV within minutes of you coming out,
	try to understand that she loves you
	and is afraid.
1	If you come out at fifteen,
	this is not a badge of honour,
	it doesn't matter what age you come out.
	Be a beautiful thing.
	Be the moonlight, too.
	Remember you have the right to be proud
	Remember you have the right to be you.



A boy comes to terms with his identity as a mixedrace gay teen - then at university he finds his wings as a drag artist, The Black Flamingo. A bold story about the power of embracing your uniqueness. Sometimes, we need to take charge, to stand up wearing pink feathers - to show ourselves to the world in bold colour.

The Black Flamingo by Dean Atta is a great book for our older KS4 readers. Written in poetic fiction, it highlights the importance of being true to yourself.

An extract form the book >>

I loved every word' Malorie Blackman DEAN ATTA



Term 6 we moved the tables into fours to trial out group reading. Students have had the opportunity to read with their friends from the same book. Practicing reading out loud and gaining confidence reading to their peers.

Please have a look at home for any library books to be returned.



# Wellbeing



#### Reminder of the 5 ways to wellbeing

Especially in winter it is important for us to take care of our health and wellbeing. This isn't just our physical health but also our mental, emotional and social health too!

The NHS recommend 5 strands that we can focus on to support our wellbeing, take some time to reflect on which ones you do well and where you could give yourself some more self-care.



# Safeguarding







# keçth

**Kooth**—Your online mental wellbeing community. Free, safe and anonymous support.

https://www.kooth.com

**Childline**—a free, private and confidential service where you can talk about anything.

https://www.childline.org.uk

# <u>o</u>Ts

**Off The Record**— mental health social movement by and for young people aged 11—25.

https://www.otrbristol.org.uk

# YOUNGMINDS fighting for young people's mental health

national charity offers confidential online and telephone information and support for anyone worried about the emotional, behaviour, or mental health of a child/young person up to 25 years of age, including ADHD, Autism and Aspergers.

Parents Helpline: 0808 802 5544

Website: www.youngminds.org.uk

Young Minds Crisis Messenger Service for free 24/7 support across the UK of you are experiencing a mental health crisis.

Text YM to 85258.



#### here for you 24/7

**Shout**—Shout 85258 is a free, confidential, anonymous text support service. You can text us from wherever you are in the UK.

If you are struggling to cope and need to talk, our trained Shout Volunteers are here for you, day or night.

#### Text SHOUT to 85258



mind

**Mind**—If you're struggling to cope, you're not alone. https:// www.mind.org.uk/

**Place2Be**— We provide mental health support in schools through one-to-one and group counselling using tried and tested methods backed by research. In addition, we also offer expert training and professional qualifications. https://www.place2be.org.uk/

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### Summer Break South Glos Holiday Clubs Information



#### Holiday Activities and Food - HAF

Bookings are open for children to take part in a wide choice of activities, discover and develop all kinds of skills, learn about healthy, tasty food and eat it with new friends in the summer holiday. For details of all local activities and clubs taking place as part of the South Glos Holiday Activities and Food programme (HAF) and to book, visit <u>https://eequ.org/southgloucestershirehaf</u>

Progressive Sports offer a range of activities (Paid) <u>https://progressive-</u> sports.co.uk/bristol-southglos/holiday-courses/ South Glos Playscheme run free holiday clubs across South Glos - <u>https://</u> www.sgplayscheme.co.uk/

Financial support/offers

Information on different ways of getting support with the cost of living rising -<u>https://beta.southglos.gov.uk/household-</u> <u>support-fund</u>

www.moneysavingcentral.co.uk/kids-eatfree is a website that tells families restaurants where kids eat free throughout the holidays.

Financial support and wellbeing https://beta.southglos.gov.uk/financialsupport-and-wellbeing

The **leisure centres** all run holiday camps and other activities throughout the summer. <u>Holidays - Active</u> Centres

South Gloucestershire Children's Holiday Clubs -Summer (all4kidsuk.com) This has some online courses that children can do on coding, cooking, and games.

School Holiday Camps in South Gloucestershire | Families Online South Glos Playschemes, day camps and residential camps.

Activities and resources for children and young people | BETA - South Gloucestershire Council (southglos.gov.uk) The libraries also have lots of different activities throughout the summer including Lego clubs and reading challenges.

Places are FREE for children aged 5-16 on benefits-related free school meals.



# Family/parenting support



NHS website: Advice for parents on a range of parenting issues, including talking to teenagers, fussy eating and teenage aggression.

Website: www.nhs.uk/family

**Parent Buddies** is a confidential, universal, one-to-one listening service offering short-term support depending on family need. Volunteers are trained to provide parents/carers with listening, and signposting to specialist services. https://www.parentbuddies.co.uk/ **CCP** – Caring for Communities and People – Offer outreach support for families at an early help level. Families can selfrefer. www.ccp.org.uk

#### Support for families who have children with additional needs

#### SEND and You - SAY:

Local SEN and disability information service (SENDIAS) -Information and support around Special Educational Needs and Disabilities, for children, young people and families. (previously Supportive Parents)

Tel: 0117 9897725 Mon-Fri 9.30 - 4.30 (answerphone at other times),

Email: support@sendandyou.org.uk Website: https://

www.sendandyou.org.uk

South Glos Parents and Carers: Information and groups for parents who have children with a disability and/or additional needs. Offers a weekly drop in for parents and carers, support groups, workshops, counselling and events. They also run the Parent Carer forum in South Gloucestershire to collect feedback and views from families with disabled children.

Website: www.sglospc.org.uk

Email: team@sglospc.org.uk

JIGSAW Thornbury Support families who have children who are 0-25 years and have any additional needs or disability. This can be anything from learning needs such as dyslexia to complex disabilities or medical problems. Many children who come have no diagnosis. Weekly support group for parents, carers and children + training courses on a range of topics. Telephone: 01454 416381

Website: https:// www.jigsawthornbury.org.uk/

#### **Adult Mental Health**

**South Gloucestershire Talking Therapies** - Vitaminds: Therapeutic interventions including counselling and group courses, in line with people's differing needs, age 16+. Self-referral via the website:

https://www.wellaware.org.uk/projects/talking-therapies-south-gloucestershire/

Tel - 0333 200 1893

https://www.vitahealthgroup.co.uk/nhs-services/nhs-mentalhealth/bristol-north-somerset-south-gloucestershire/ **Samaritans:** Free, confidential emotional support for those experiencing despair, distress, self-harm or suicidal feelings.

Tel: 116 123 (free, from any phone, 24/7).

Website: www.samaritans.org. Email: jo@samaritans.org

# SEND Specific Activities





<u>SGPC - Our Community</u>, our own SGPC Facebook group for Parent Carers of children (0-25) with additional needs & disabilities can be used throughout the school holidays to connect with other families and to support each other.

Many of these run year round activities for children with additional needs and disabilities, and their families.

<u>Incredible Kids</u> is a play centre which runs various sessions during term time and in the holidays for children with additional needs. Membership is free and sessions are held at The Vench in Lockleaze.

<u>Gympanzees</u> is a world of fun and fitness for all disabled children. They have a lending library during term time and offer pop-up sessions during the school holidays. Location for this summer is The Venturers Academy in Withywood.

<u>JIGSAW</u> in Thornbury runs sessions for children with additional needs and disabilities through the holidays as well as during term time. They also have an SEN lending library and hold events and meetings. Free to join.

<u>National Autistic Society (NAS) South Glos branch.</u> Need a diagnosis of social communication or autism to access the activities on offer but no diagnosis needed to access some of the support. • Nothing Special arrange accessible activities at quieter times.

<u>Holiday activities and food programme</u> (HAF) from South Glos Council - Food and activities for children who are entitled to free school meals. A small amount of funding is also allocated for SEN children.

<u>Kingston Seymour playground</u> for children with additional needs to enjoy. A lovely safe space with fully accessible equipment based in Clevedon. One-off fee of £2.50, run by Yeo Valley Lions Club.

<u>Warmley Wheelers</u> is a scheme for children and young people with health conditions to be able to access cycling. They have a wide range of standard and specially adapted bicycles.

<u>Children's Playlink</u> offer holiday play schemes to approximately 200 disabled children and young people. The schemes run in Yate, Bradley Stoke, Staple Hill, and Thornbury.

<u>Short Breaks</u> are a way of giving parents and carers a break from their caring responsibilities. Short breaks can also benefit your child with disabilities. You can find a list of the activities available <u>here</u>.

#### **SEND Friendly Activities**

National Trust <u>Tyntesfield</u> summer activities.

Victorian Games 24th July- 6th August 10.30am-4pm

Happy Campers 7th – 20th August 10.30am-4pm

Let's Play 21st August- 3rd September 10.30am-4pm

#### **SEND Friendly Sessions**

Super Sense Access Sports Airhop Wacky Warehouse Jump soft play Hengrove park Active centres Bristol Family Cycling Centre Mud Pie Explorers (forest school) Wake the Tiger Bump roller disco



# **General Information**





# CALL FOR TIES



If you have any school ties you are no longer needing, IA and the Pastoral team would be grateful for them.





# **General Information**



# **Free School Meals**

Do you think your child might be eligible for free school meals?

If you wish to apply for free school meals for your child attending Hanham Woods Academy you can apply either online, in writing to South Gloucestershire Council or by phone, 01454 868008.

Free School Meals Online

Lost Property

> There is a lot of lost property waiting to be claimed. If you have lost any items please ask at reception and also in the PE office. Any unclaimed items will be disposed of at the start of each term.



Data Protection

Following the UK Data Protection legislation (including UK GDPR), we asked for permission to process and use some personal and sensitive data belonging to students, for example photographs and recordings. This consent can be changed at any point. To change the level of consent given, please email us: Karen.Cooper@clf.uk.

Please note: Student photos in our Newsletters appear in both print and online platforms, including the school website.

# **Change of Details**

Please can you ensure that if you change address, Phone number or email address that you inform the school as soon as possible to ensure that we have the most up to date contact details for you and your child. Please email any changes to reception@hwa.clf.uk

# Student Absence

Student absence line: 0117 440 8900 (Option 2)

Student absence email: hwaattendance@clf.uk ('Absence' in subject line)





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