

Mental Health Support Team



Termly Newsletter



Headlines

- Thank you for spreading the word about our expansion plans and encouraging people to apply to come and work with us. Excitingly, we have recruited five supervisors for our next wave! We've had a huge demand for the EMHP role and will be interviewing 34 candidates over the coming weeks.
- We have taken on 9 new Secondary schools. We are aiming to take on our remaining primary schools for each team in the January term.

Tickets Now Live

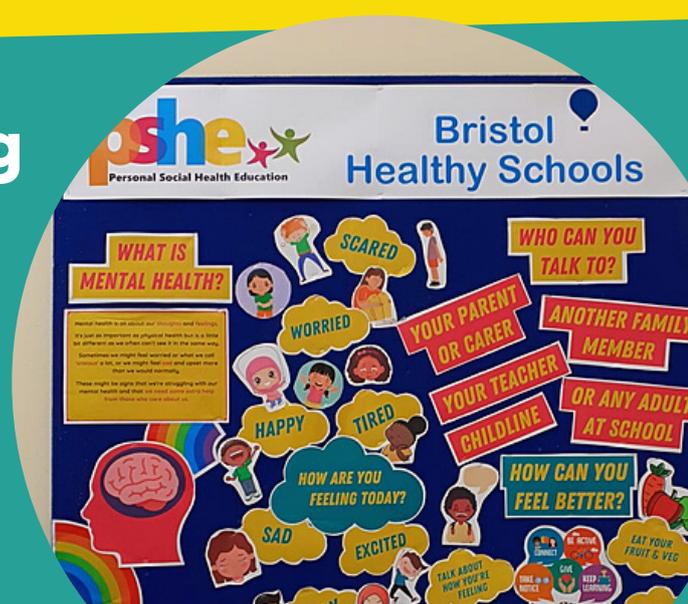
Join OTR and AWP for our i-Thrive Live conference, launched to discuss and celebrate a collective commitment in the region to support good mental health in children and young people. This is kindly supported by public health.

i-Thrive Live
1st Feb '22

[Book your space here](#)

Partnership & Networking

- We have held our first mental health lead networking meeting. We're looking to continue these in the New Year after the conference. These will be termly and we welcome you to add your thoughts via [these three jamboards](#).
- Our next operational steering group meeting is taking place on the 10th of January at 2:30. These meetings are a space for our partner agencies to be part of shaping our model of delivery. Please get in touch if you wish to join us



The Bannerman Road wellbeing board created by EHMP Ruth Elborn in the East Central team.

Holiday Signposting

During the holiday period - 20th December - 4th January we will be operating a reduced service. Please signpost your families to the services highlighted below. There some useful resources on the [OTR webpage](#) in the download selection that supports conversation around looking after our mental health.

MHL Callout

Our Off the Record peer-reps are going to do a report at this conference. They are looking for some MHL's to come forward to be interviewed about our service and the impact it is having in your school. Please get in touch if you would be interested in taking part?

Helplines Over The Holidays

Childline

0800 1111

CAMHS

0800 0516 171

Papyrus

0800 068 4141

Samaritans

0800 0516 171

Other Available Support

The Mix

Kooth

Shout

Calm

Numbers

50

Young people being seen

36

Completed interventions

24

Participating schools

610

Hours of 'Whole School Approach' work

Positive Feedback!

“YP’s behaviour has improved massively, so much so that I think he no longer needs 1-1 support” - Learning Support Assistant

