



School Health Nurses Free webinars for parents and carers

Schedule for March 2022

These sessions are suitable for carers of children and young people of all ages.
Click the links for full details.



Contenance in children and
young people bit.ly/3J22f09



Eating disorder awareness
bit.ly/3hU8Qha



Healthy eating and physical
activity bit.ly/3MFoSJN



Dental health
bit.ly/3MED0b8



Keeping your child happy
and healthy bit.ly/35Np9Kg



Understanding your child's
wellbeing bit.ly/3MEDPMe



Helping your child with sleep
bit.ly/34uVIBo

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