

# Secondary Flashcards

## Core Menu Autumn/Winter 2024-25

# Week 1

# **Meatball Marinara Pasta Bake Topped With Cheesy Garlic Crumbs & Crunchy Rainbow Slaw**



# **Aspens Loaded Mac & Cheese With Spring Onion, Pepper, Garlic and Crunchy Rainbow Salad**



# Nashville Baked Crispy Chicken Burger With Ranch Slaw & Crispy Baked Home Fries



# Cajun Spiced Baked Veggie Burger With Ranch Slaw & Crispy Baked Home Fries



# **Roast Pork, Stuffing & Apple Sauce With Gravy, Skin On Roasties, Carrots & Broccoli (Loaded Baguette)**



# **Roast Pork, Stuffing & Apple Sauce With Gravy, Skin On Roasties, Carrots & Broccoli (Classic Roast Dinner)**





# Roasted Roots Filo Strudel With Skin On Roasties, Carrots & Broccoli



# Garlic Chilli Chicken Curry With Cardamom Rice & Green Beans



# **Sweet & Sour Chickpea Vegetable Pathia Curry With Cardamom Rice & Green Beans**



# Battered Fish & Chips with Minty Peas



# Battered Fish & Chips with Baked Beans



# Sausage & Chips with Minty Peas



# Sausage & Chips with Baked Beans



# Battered Sausage & Chips with Minty Peas





# Battered Sausage & Chips with Baked Beans



# Veg Sausage & Chips with Minty Peas



# Veg Sausage & Chips with Baked Beans



# Battered Veg Sausage & Chips with Minty Peas



# Battered Veg Sausage & Chips with Baked Beans



# Margherita Pizza & Chips with Minty Peas



# Margherita Pizza & Chips with Baked Beans



# Chicken Nuggets & Chips with Minty Peas





# Chicken Nuggets & Chips with Baked Beans



# Gravy



# Curry Sauce



# Warm Lemon Drizzle Sponge



# Warm Lemon Drizzle Sponge With Custard



# Black & White Shortbread Cookie



# Sticky Toffee Pudding with Toffee Sauce



# Flapjack





# Strawberry Trifle Pot



# Week 2

# Currywurst In A Crusty Baguette With Potato Salad & Braised Cabbage



# Cauliflower Schnitzel With Potato Salad & Braised Cabbage



# **Pulled Chicken Tikka Pie With Crispy Bombay Potatoes, Cumin Roast Carrots & Parsnips**



# Chana Masala Stuffed Pie With Crispy Bombay Potatoes, Cumin Roast Carrots & Parsnips



# British Pork Sausage Toad In The Hole With Onion Gravy, Skin On Garlic Roasties & Green Beans



# **Quorn Sausage Toad In The Hole With Onion Gravy, Skin On Garlic Roasties & Green Beans**





# Smoked Chilli Beef Over Rice with Smashed Nachos, Spring Onion, Sour Cream & Smoky Corn



# Veggie Bean Chilli Loaded Nachos with Smashed Nachos, Spring Onion, Sour Cream & Smoky Corn



# Apple Crumble With Custard



# Shortbread



# New York Vanilla Baked Cheesecake



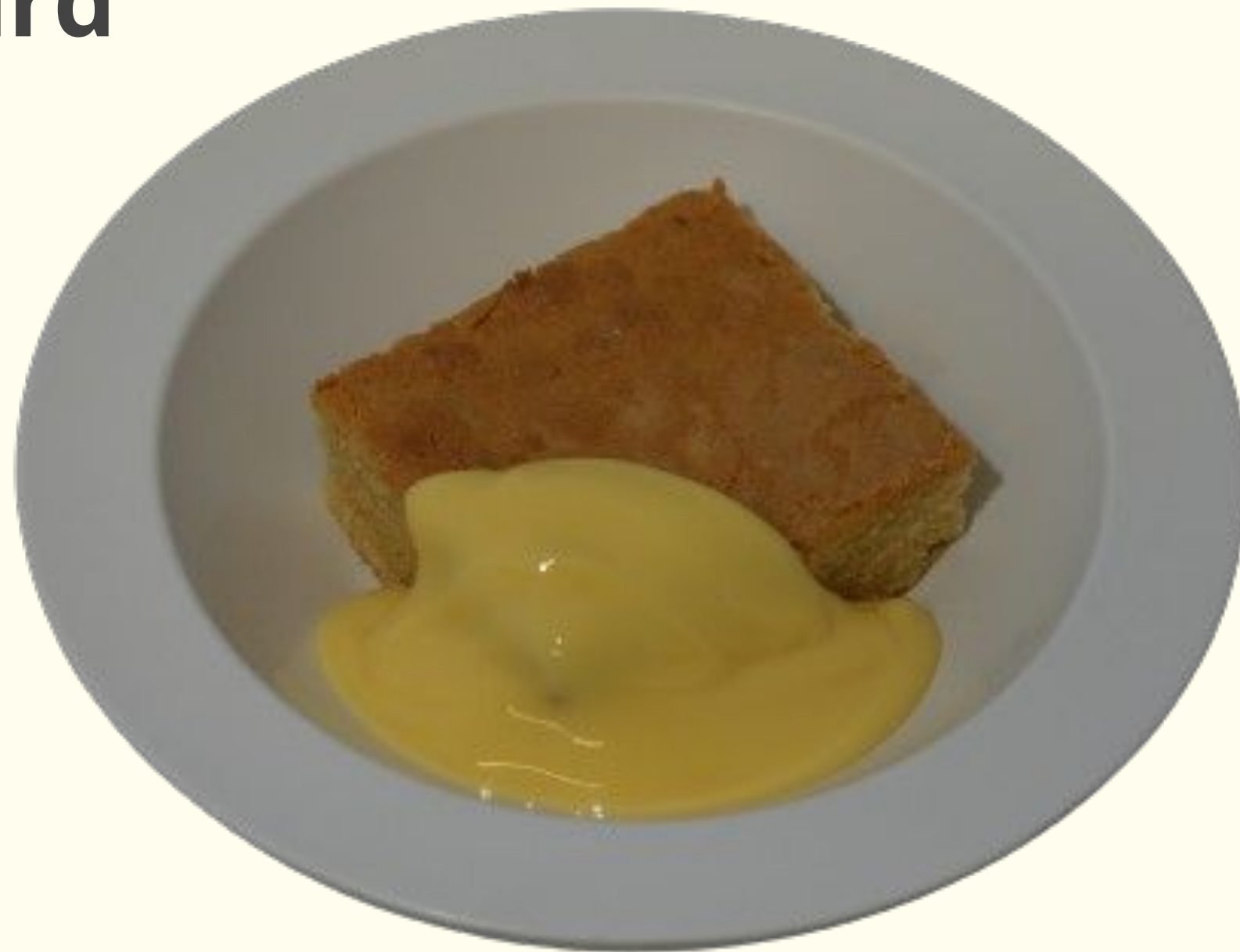
# Brookie



# Warm White Chocolate Blondie



# Warm White Chocolate Blondie with Custard





# Week 3

# Tuscan Sausage Lasagne With Garlic Wedges & House Chop Salad



# Provençal Vegetable Lasagne With Garlic Wedges & House Chop Salad



# Kung Pao Pulled Pork With 5 Spice Rice & Stir Fried Greens



# Bang Bang Cauliflower With 5 Spice Rice & Stir Fried Greens



# Creamy Chicken & Puff Pastry Pie With Chive Mash, Peas, Green Beans & Savoy Cabbage



# Smoky Sweet Potato & Red Pepper Pie With Chive Mash, Peas, Green Beans & Savoy Cabbage



# Smoky Albondigas (Meatballs) With Spanish Rice, Tomato & Green Bean Salad





# Spanish Vegetable Tortilla With Spanish Rice, Tomato & Green Bean Salad



# Apple & Syrup Sponge with Custard



# Chocolate Shortbread



# Key Lime Cheesecake



# Chocolate Banana Cake



# Chocolate Banana Cake with Custard



# Brownie with Chocolate Sauce



# **BIG BOWL SALADS**



# Classic Greek Salad With Feta & Olives



# Squash, Roasted Vegetable & Chickpea Salad



# Smoky Mexican Bean Chopped Salad



# Crunchy Ranch & Egg Salad



# Coconut Chilli Chicken Salad



# Classic Nicoise With Egg



# Bright & Light Chicken Pasta Salad



# Superfood Green Salad





# Asian Cucumber, Edamame & Noodle Salad



# Jerk Chicken & Pineapple Salad



# Chicken Caesar Salad



# Falafel & Pomegranate Couscous Salad



# Quinoa & Feta Superfood Salad



# Harissa Roasted Cauliflower, Chickpea & Spinach Salad



# Tikka Chicken & Mint Yogurt Salad



# JACKET POTATOES



# Jacket Potato - Simply Plain



# Jacket Potato With Tuna Mayo



# Jacket Potato With Beans



# Jacket Potato With Cheese



# Jacket Potato With Coleslaw



# PASTA & NOODLE POTS

# Italian Tomato Pasta



# Carbonara Pasta





# Veggie Thai Style Noodle Pot



# Bolognese Pasta



# Chinese Chicken Chow Mein Noodles

