



School Aged Immunisation Team

T: 0300 1245515

E: sirona.sch-imms@nhs.net

www.sirona-cic.org.uk

Dear Year 9 student

Meningococcal ACWY and Diphtheria, Tetanus and Polio vaccinations

We are offering you a free Meningococcal ACWY vaccine and Diphtheria, Tetanus and Polio vaccination in school this year.

What is the Meningococcal ACWY (MenACWY) vaccination?

The MenACWY vaccine helps to protect you against four types of bacteria that can cause meningitis and blood poisoning. These diseases are very serious and can kill.

What is the Diphtheria, Tetanus and Polio vaccination?

Diphtheria, Tetanus and Polio are serious diseases that have practically disappeared in this country due to the vaccination programme. All children need 5 doses of this vaccine to build and maintain immunity. The first 3 doses should have been given as a baby and the fourth dose at around four years old. **The fifth dose is due now.**

How is the vaccine given?

The vaccinations are given by two injections in the upper arm.

Are there any side effects?

As with most other vaccinations, the side effects of these vaccinations are mild; however, soreness, swelling and redness in the arm are common but wear off in a couple of days. More serious side effects are very rare.

Important notes:

- It is important to talk about the vaccinations with your parents/ carer.
- Your parents/ carer have been sent a consent form for you to receive the vaccines, please encourage them to complete the form whether they do or don't want you to have the vaccines.
- If your parents/ carer do not complete the consent form before the session we may not be able to vaccinate you at the school session.

What do you need to do?

- On the day of the session wear a short-sleeved shirt if possible, or a T-shirt under your shirt
- Have something to eat on vaccination day.
- Drink plenty of water

Want to learn more?

[Immunisations for young people - your questions answered \(publishing.service.gov.uk\)](http://publishing.service.gov.uk)

<http://www.nhs.uk/conditions/vaccinations>

<https://youtu.be/fZgWJRntCoc>

Questions?

Contact the School Immunisation Team: 0300 124 5515 or email sirona.sch-imms@nhs.net

Yours sincerely



Karen Evans
Associate Director of Children's Services

Service provided by

